

SPORTS REHAB & PROFESSIONAL THERAPY ASSOCIATES, INC. ---LYMPHEDEMA CLINICAL INTAKE FORM

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Referring Doctor: \_\_\_\_\_ Medicare #: \_\_\_\_\_ Occupation \_\_\_\_\_

1. Affected Area – Right Arm    Left Arm    Right Leg    Left Leg    Other \_\_\_\_\_

2. When did your problem begin? \_\_\_\_\_

3. What was the cause? \_\_\_\_\_

4. Medical History (please check all that apply )

- History of lymphedema
- Congestive heart failure
- Diabetes
- Heart Disease
- Hypertension
- Kidney disease
- Pacemaker
- Respiratory problems
- Vascular problems
- Vein stripping
- Cellulitis or other infection
- Broken bone
- Blood clots
- Cancer                      Did you have : Chemotherapy    Radiation    Medication
- Breast Surgery              Did you have: Lumpectomy    Mastectomy    Axillary/Node Dissection
- Other Surgery(ies) \_\_\_\_\_

5. Have you had previous intervention for your lymphedema?  
 Yes    Where? \_\_\_\_\_  
 No

6. Do you wear a compression sleeve /garment?  
 Yes    What type? \_\_\_\_\_  
 No

7. Have you ever had open sores on the affected limb?  
 Yes  
 No

8. Do you have pain associated with lymphedema?  
 Yes  
 No  
Please rate your pain:    (no pain) 1 2 3 4 5 6 7 8 9 10 (severe pain)  
Duration of pain ---    Constant              Intermittent  
What relieves the pain? \_\_\_\_\_

9. Do you have any functional limitations in your daily activities? Yes    No  
    --if yes, please list \_\_\_\_\_

10. Do you exercise regularly? \_\_\_\_\_